

# PRODUCT INFORMATION

## FOOD

All Yaoh products –both food and bodycare- contain organic hemp seed in some form or another. The hemp seed is one of the most nutritious seeds available, with a perfect ratio of Omega 3's and 6's for sustainable human health as well as a full trace mineral spectrum, vitamins and complete proteins. All our bodycare products contain organic hemp seed oil, which is absorbed directly into the skin.

### Yaoh Organic Hemp Food Products

Yaoh has a variety of hemp food products available, all of which are made from the finest quality organic hemp seed grown in China.

**Whole Hemp Seeds** – Available in pack sizes from 125gms to 25 kilos.

**De-Hulled Hemp Seed** – Hemp seeds with the shells removed to leave just the white meat of the seed. Ideal for sprinkling on salads, smoothies etc.

**Raw Hemp Seed Snack Bars** – Available in three flavours, our award winning snack bars are vegan, organic, raw, gluten-free, and with no added sugar, making them the ideal choice for a 21st century healthy lifestyle.

**Hemp Seed Oil** – Available in 250ml and 500ml bottles, our hemp oil is pressed fresh from the finest quality seeds before being bottled, nitrogen flushed, sealed and chilled.

**Hemp Protein Powder** – With a protein content of 48.5% and a low fat ratio, this gorgeous powder is packed to the rafters with nutrients and is a genuine natural superfood. Very tasty, can be used in smoothies, soups and stews.

**Hemp Milk Maker** – This amazing machine turns 100gms of hemp seed onto a litre of hemp milk in a matter of minutes. Easy to clean and operate, the machine can also be used with cashew nuts, almonds, and any other seeds or nuts to make a tasty, nutritious alternative to dairy milk.

### Links

[Click here for a full list of ingredients of the three snack bars](#)  
[Click here for the nutritional benefits of Hemp Seed](#)

